



Info package - ARNA 2018

VISA and insurance

It is the residents responsibility to arrange for Visa's, if necessary, to enter Sweden from her/his homeland, also to arrange for their own insurances for travels and health care.

Airports

Most residents arrives to Copenhagen International called Kastrup (CPH). This is actually Denmark, but closest to ARNA in Harlösa. There is also a local airport Malmoe (Sweden) with cheap airlines within Europe (MMX).

If you want to buy flights, choose tickets with arrival to Copenhagen/Kastrup 7 am - 7 pm (you will be in Harlösa 2,5-3 hours after landing), and departure 10 am - 10 pm (you need to leave from Harlösa 3.5 hours before departure)

Closest train station

If you want to go to ARNA by train, the closest train station is Lund. Choose tickets with arrival and departures between 9 am - 7 pm.

Pickup

We pick you up at the trainstation in Lund. From Copenhagen's airport, **Öresundstågen**, go over the bridge to Sweden. The trains departs every 20 minute from the airport. The train to Lund will take 45 minutes. We pick you up outside the train station. You can buy tickets at the airport (we will send you info how to do it if you want to). You can also buy tickets online

Housing

The house has three bedrooms. The three-four residents who stay in the house during a residency share bathroom, TV-room and kitchen. All bedrooms have a worktable. **Pillows, duvets, sheets, covers and towels are provided.** The house has free wifi. The kitchen has microwave, coffee maker etc. There will be some spices and other common items free to use. Smoking is not permitted indoors. The house has a big garden and two small studio houses.

The ARNA-house is owned by an artist, Arnold Hagström. He lives in a separate building at the property together with Louise, (she is an architect) and their little dog. Persons very allergic to dogs are probably not suitable to live in the ARNA-house.

Residents are expected to take good care of everything in the house, keep it clean and tidy at all times. This also means to clean the house before leaving. Accidental damages caused during the time of stay is to be payed by the residents.

The residency is strictly for chosen artists only and we don't allow overnight visitors at the residency.

The working space/studio

The working spaces ARNA offer is very simple, like an office room, but is there anything you really need to have, we would like to try to help you out if possible.

Art materials

What ever material you love to use, bring it with you! Simple art materials left by earlier residents are free to use. Nearest art material shop is in Lund and close to the bus stop.

Buy food in Harlösa

The little supermarket in Harlösa is open 8 am - 8 pm and is only 400 meters from the ARNA-house. Vegetarians, vegans and people with allergies have all found the supermarket Ok and the people are happy to answer any questions. You can use VISA or Mastercard/Eurocard in most Swedish shops, but not American Express.

Living expenses

As all residents do their own cooking during the stay at ARNA most residents don't use very much money. 100 SEK/day will be doable. If using the 'Big Mac' index as a help to compare costs between different countries, a Big Mac Menu in Sweden cost around 65 SEK.

Currency

In Sweden we use SEK. Don't forget to open your credit/debit card for international use if you want to use a cash machine in Sweden to get money.

Buses

The ARNA-house is situated 400 meters from the bus stop. Buses from Harlösa to Lund departs 10 times weekdays. A roundtrip from Harlösa to Lund and back costs 110 SEK.

Bikes

There are bikes for daytrips. Great hiking paths is passing Harlösa so don't forget good shoes. There is a possibility to rent a car in the village (with manual transmission).

The village of Harlösa

The village of Harlösa has around 850 inhabitants and it is situated in the area called The Avian Kingdom. The atmosphere between the villagers is friendly and the interest in ARNA's residence very positive. Harlösa has a public library, open two evenings a week. Here you can order books in other languages than Swedish, also films, music etc. Harlösa has also a pizzeria, open in evenings. You find a lot more info at

<http://www.arna.nu/info>.

Guided tour

I will take you on a tour with my car in the Avian Kingdom, so you will be more familiar with the surroundings. You will learn a lot about the area, nature, culture and history to spark your inspiration and exploration during your stay.

Special interest?

Do you have any special interest? Birds, crafts, vikings, birds, history or Swedish cooking? If you tell me about what you would love to learn more about in connection to The Avian Kingdom, Sweden or Scandinavia, I will see if we can give you some kind of knowledge-candy during your stay.

Kerstin Jakobsson

Director of ARNA