



Cerdeira Village

Creative Center & Accommodation

CERDEIRA VILLAGE ART & CRAFT



HANDBOOK RESIDENCY GUIDE

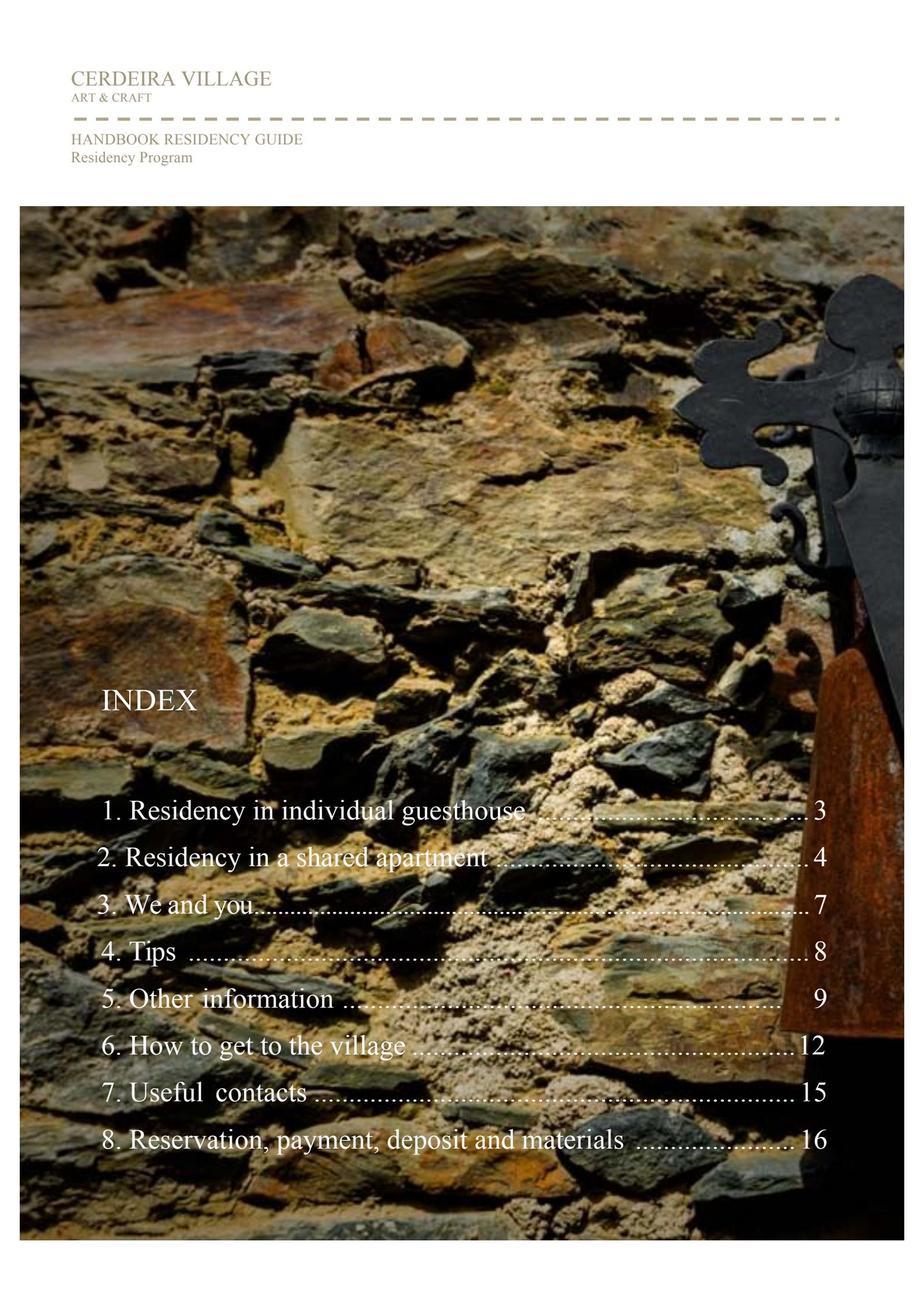
Residency Program

All you need to know before your arrival in order to better prepare your stay and day-to-day rules and regulations of your residency program.

Our residency program is designed to provide the ideal environment for artistic creation while in direct contact with a natural setting.

We have two different offers:

1. Residency in one of our individual guesthouses “Casa do Sol” or “Casa do Vale” with free access to the shared studios.
2. Residency in a shared house, our “Residências” with optional access to shared studios.

The background of the page is a photograph of a rustic stone wall. The stones are of various sizes and colors, ranging from light tan to dark grey. On the right side, there is a decorative metal finial or ornament, possibly made of cast iron, with a dark, weathered finish. The overall scene is outdoors, with natural light illuminating the wall.

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1. RESIDENCY IN INDIVIDUAL GUESTHOUSE

Guesthouse

You have chosen one of our independent guesthouses for your creative time-out. The houses are fully equipped, and include also linen, towels and breakfast at “Café da Videira”.

Once a week there will be a cleaning service, you can have access to our laundry if requested.

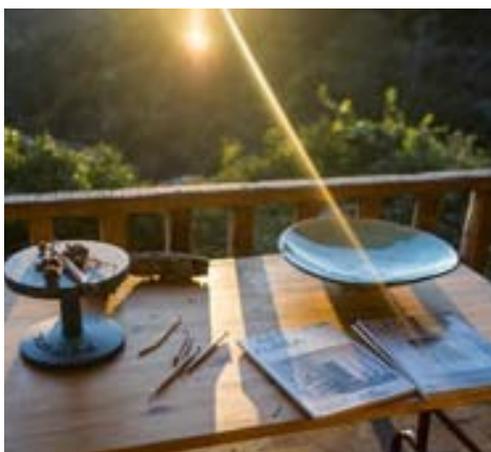
We provide a working place inside your house (table, easel, etc, let us know what you would need!)

This way you can be on your own for work if you like, but you have also free access to the shared studios and all working facilities.

If requested in advance we can provide specialized technical advice (extra fee). You have access to our small (but growing!) library (literature, arts and crafts books and magazines).

Free Wi-Fi access you find at the “Ateliers” and at “Café da Videira”.

Our houses are Wi-Fi-free areas, but in case you need internet there for your work you can bring or buy a prepaid pen (Vodafone).



2. RESIDENCY IN A SHARED APARTMENT

Residências

The “Residências” is a house for accommodation in shared rooms.

It has 3 levels, with two bathrooms on the first floor, one sleeping room and kitchen on the second floor and another sleeping room and a living/dining room on the third floor.

The residency provides linens and towels at no additional cost.

The residents are asked to keep clean all shared areas daily, once a week there will be a general cleaning service.

There will be no more than five residents at a time.

The residency coordinator is present daily and gives basic support. at least once a week there is a shared follow-up dinner, so we can talk about how things and works are going.

Bathroom

The two bathrooms are located at the first floor of the house, each one has two toilets and two showers. The residency provides toilet paper and soap at no additional cost.



2. RESIDENCY IN A SHARED APARTMENT

Kitchen

The kitchen is located on the second floor of the house. Artists must cook their own meals and mark their food with a marker or a label. Residents can use the kitchen supplies and equipment but must respect the shared space by keeping it clean and organized.

Dining area

The dining area is located on the third floor of the house. Residents must respect the shared space by keeping it clean and organized.

Shared Studio

Our “Ateliers” are located next door to the “Residências” accommodation.

The open space studio has three working areas and is equipped with working tables, basic tools and power tools, equipment for ceramics (potter wheels, electric kiln, Sasukenei- Smokeless wood firing kiln), basic wood carving tools, easels, etc.

We provide basic technical assistance.

If requested in advance, we can organize specialized technical support (extra fee).

Free Wi-fi in the studio.

The studios are shared with other artists who requested access.

Library

We have a small library where you can find books and magazines about arts, crafts, ethnology and Portuguese traditions.

2. RESIDENCY IN A SHARED APARTMENT

General house rules

1. During your stay please preserve our environment and be reasonable in water and electricity use. Separate plastic from paper and glass and take your bags to the recycling station when you go to the city.
2. Smoking is not allowed, only at the balconies.
3. Open fires are not allowed anywhere in the village by the firefighters for safety reasons.
4. Please use the premises, equipment and inventory that are at your disposal carefully as a good guest.
5. Please note that you will be held accountable for any damage you are responsible for.
6. The residency is not liable in case of theft or loss.
7. Please avoid making noise in the room after 10 p.m.
8. For safety and hygiene reasons, consumption of hot meals or drinks in the shared bedroom is not allowed.
9. Please report to the staff any lost or found items.
10. Please handle the key with care. In case of loss or damage of the key you will be charged for its replacement.
11. Do not forget to turn in your house and locker keys when you leave.
12. Guests are not allowed in the house under any circumstances.
13. We reserve the right to break the contract and stop providing services to residents if they are in violation of this house rules or if they disturb other residents with their behavior.

The top of the page features a dark, low-angle photograph of a stone building with a wooden roof against a clear blue sky. Overlaid on the left side of this image is the text 'CERDEIRA VILLAGE ART & CRAFT' in white, uppercase letters. Below this, a dashed white line separates the title from the subtitle 'HANDBOOK RESIDENCY GUIDE Residency Program', which is also in white, uppercase letters.

CERDEIRA VILLAGE

ART & CRAFT

HANDBOOK RESIDENCY GUIDE

Residency Program

3. WE AND YOU

Our project in Cerdeira, supported by Cerdeira Village Art & Craft Association, is to rebuild and enliven this secular village, and its surrounding cultural landscape as a place of learning, inspiration and creative intersection among people of various cultures and knowledge.

We want to share this inspiring place in nature with other artists... and if you like you can give us a hand sometimes, there is still a lot of work to do!

Tolerance and respect, confidence and care, ecological sustainability and social responsibility are the values we and you have in common.

4. TIPS

Be aware that you are going to a very isolated and quiet place. Although you will not find any distractions like TV or computers, sometimes you may want to distract yourself by reading a book, so bring your favorite entertainment.

- Make the best of the time you have and plan activities with your roommates. There are some beautiful hiking trails on the mountains that you can take.
- If you really need to check your e-mail, please bring your computer. We do have Wi-Fi at the “Café da Videira” and at the studio.
- There is a reason why we provide weekly trips to the supermarket. There is no supermarket or grocery store at the village. Don’t forget to do some shopping before your arrival to the village.
- Please bring comfortable clothing and shoes. Sneakers or boots and comfy clothes are perfect. Even in summer the mountains might be fresh at night, so you should bring a warm jumper.
- If you need to exchange money, you should do it at the airport when you arrive or in the city you drive at. There are no liable exchange places in Lousã.

5. OTHER INFORMATION

The main person responsible for your stay is Kerstin Thomas, residency coordinator and resident artist. Feel free to ask her for anything you may need or to talk to her if you are having any kind of problem.

The residency will organize weekly trips for supplies. There is going to be a stop at the supermarket and, on Saturdays at the vegetables market. Supplies include not only food supplies but also materials. Always inform the staff if you need something specific before departure so that the trip can be arranged accordingly.

If you are brave enough you can go for a swim in our natural pool, so don't forget to bring your swimsuit.

We encourage residents to explore the village but we ask you to be always careful. Deers, boars, foxes and so on are our neighbours. The place is safe and excellent for hiking, although very rarely, you can find a viper, which can be very might be dangerous. We have a small library where you can find books and magazines about arts, crafts, ethnology and Portuguese traditions Have a look to our books about flora and fauna, it's a special place to observe nature and you can enjoy looking to the stars with a wonderful clear sky at night time.

Useful links

Cerdeira Village Art & Craft

facebook.com/cerdeiravillageartandcraft

www.cerdeiravillage.com

City council of Lousã

www.cm-lousa.pt

Schist Villages network:

www.aldeiasdoxisto.pt

5. OTHER INFORMATION

What to see

- **Capela** - located at the entrance of the village, this chapel was built as a place of worship for the residents.
- **Alminhas** - these shrines are small monuments to the dead and places of worship. this one is unique in the Lousã mountains.
- **A Fonte** - this is the perfect place to sit down and have a drink of pure water from the mountains.

Nearby areas

- **Arouce Castle** (Century XI-XIV) (9 km) – it was one of the structures within the defensive arch established south of the River Mondego to protect Coimbra as capital of the Portuguese nation. Built on the side of mountain, its purpose was to oversee the difficult mountain passes and defend the western lowlands. It may be of Islamic origin. It would have been reconstructed by Countess Teresa, after the 11th century Christian conquest, while the Counts of Portugal still ruled.
- **Our Lady of Mercy Sanctuary** - Nossa Senhora da Piedade (9 km) – A visit to this religious complex allows you to explore the rugged area surrounding Ribeira de São João. Next to the castle is the Chapel of Our Lady of the Afflicted. Head downhill to cross the 18th century schist bridge from where you can walk a few meters downstream to the waterfall. Climbing the steep cliff at the centre of this complex, you'll find the 15th century Chapel of St. John (sec. XV). The steps continue past the Chapel of Our Lady of Agony and on to the 18th century Chapel of Our Lady of Mercy at the top of the rocky outcrop. In this setting, surrounded by the gigantic mountains, all the buildings seem smaller and the castle more defiant.
- **River Beach Sr^a. da Piedade** - so after walking from the village and visiting these wonderful places take a rest and a bath ...

5. OTHER INFORMATION

Lousã Town (10 km)

EcoMuseu da Serra da Lousã / Museu Etnográfico Doutor Louzã Henriques. This museum presents a diverse ethnographic estate, nationwide, where you can find tools related to agriculture, such as farm implements and coupling systems. Several cores, such as the killing of the pig, pottery, kitchen mountainous, bread, olive oil, blacksmith, flax and shoemaker, divide it.

Pelourinho – A Pelourinho is a column raised in a public place, where once exposed and punished criminals. The Pelourinho was the distinctive pattern of the administrative autonomy of towns, municipalities and cities.

What to see in nearby towns:

- **Miranda do Corvo (20 kms)** – Biological Park of Lousã
- **Condeixa-a-Nova (30 kms)** – Roman ruins of Conimbriga
- **Coimbra (40 km)** – When King Afonso Henriques established the capital of the kingdom and his court in Coimbra, it stimulated a profound transformation of the old town, which still had strong Roman, Muslim and Mozarabic heritage. During his reign, Coimbra became a political and religious centre on a par with other European capitals. The prestige of the capital also began to be reflected in the building work that was carried out, introducing the Romanesque architectural style that flourished in Christian Europe in that era. Coimbra is also nicknamed the City of Knowledge. First established here in 1308, the university was to dictate the course of the city's history and the development of its urban area, and to justify the important structures, which were built in it for centuries to come. It is this architectural legacy and the resulting essence of culture and knowledge, which warranted UNESCO's recognition of the University, Upper Coimbra and Rua da Sofia as a World Heritage Site in 2013. This itinerary offers the discovery of Upper Coimbra based on a walking route that passes the buildings that existed during the reign of King Afonso Henriques.

6. HOW TO GET TO THE VILLAGE

By car

The village of Cerdeira is situated on the Lousã Mountains in the Coimbra district, central Portugal. To reach the village, you have to wade through a mountain road that connects Lousã to Castanheira de Pêra (N236). At about the 9 km you will find the sign for the village, so turn left. You will travel about 1,5 km to the village. You have to park your car next to the chapel and enter Cerdeira on foot, since cars are not allowed inside the village. Check our website for more information.

By plane

From Oporto Airport

The best way for you to get to the village is to fly to Oporto Airport. After arriving at the airport, take the subway until Campanhã (get off on 19th station, dark-blue line). in Campanhã station, take the train to Coimbra-B.

The price for the train ticket from Porto Campanhã is 14€-20€, depending on the type of train and season.

From Coimbra-B you can take a taxi to our village. A taxi from Coimbra-B station will cost around 40€.

Alternatively, you can use public transportation by train to Coimbra-A (city center, it's a 5 min trip). When you get off at Coimbra-A station, on your right next to the river, you have the bus station where you can take the bus to Lousã. The bus says "MetroMondego". A taxi from Lousã's bus station to the village will cost around 12€. You can call +351 917 866 975 and ask for, Pedro Lindão or his wife will take you safely to Cerdeira.

6. HOW TO GET TO THE VILLAGE

By plane

From Lisbon Airport

You can also take a train to Coimbra-b from Lisbon airport, although it takes a little longer. To do so you first have to catch the subway from Lisbon airport to “Oriente” (get off on 3rd station, red line).

The price for the train ticket from Lisbon is 20€-25€, depending on the type of train and season.

From Coimbra-B you can use our pick-up service, grab a taxi to our village or get there by public transportation. a taxi from Coimbra-b station will cost 40€.

Alternatively, you can use public transportation by train to Coimbra-A (city center, it’s a 5min trip). When you get off at Coimbra-A station, on your right next to the river, you have the bus station where you can take the bus to Lousã. The bus says “MetroMondego”.

A taxi from Lousã’s bus station to the village will cost around 12€. You can call +351 917 866 975 and ask for Pedro Lindão.

Link to buy train tickets in advance: www.cp.pt

Purchasing our ticket online is advisable. Sometimes, during the summer, the train company offers special conditions.

If you book your train online five days before, you get a discount, but the ticket is not refundable.

6. HOW TO GET TO THE VILLAGE

Pick-up service

We can pick you up from Coimbra-B, Let us know your flight details and which train you are going to catch as soon as possible!

Our pick-up service only works from 8 a.m. until 10 p.m. so don't forget to book a room somewhere in the city if you are arriving outside the schedule.

We will pick you up from the train station Coimbra-B. This service has an extra cost of 30€ that must be paid upon arrival. If you wish us to take you to the station on the day of your departure, the service has the same price of 30€.

7. USEFUL CONTACTS

Our contacts

Kerstin Thomas

Residency coordinator

artandcraft@cerdeiravillage.com

(+351) 911 789 603 (Kerstin)

Emergency contacts

(In case of an emergency of any kind, this is the first number you should call because all the ambulances in Lousã belong to the firefighters)

(+351) 239 990 530

Emergencies

112

City Hall of Lousã

www.cm-lousa.pt

(+351) 239 990 370 | (+351) 912 217 813

Police Station

(+351) 239 990 060

8. RESERVATION, PAYMENT, DEPOSIT AND MATERIALS

Reservations

In order to guarantee your participation in our residency Program, we kindly ask for an initial deposit payment of 30% of the total cost. Such payment will guarantee your spot in the program. The rest of the payment must be made two weeks before your arrival. If you cancel your participation in the residency Program, we do not refund the deposit. We can secure your deposit for the next time. We have programs every year, so don't hesitate to e-mail us once you have the possibility to come!

Deposit

We ask all residents a one-time refundable deposit of €50 upon arrival. There are a lot of materials/equipment that can be broke or damaged around the house. The deposit must be paid upon arrival to the village and will be refunded before your departure if no losses are verified.

Materials

if you need us to arrange some materials for you locally, because they are not easy to carry along with you, just let us know as soon as possible. The artist, with the exception of some tools and reusable materials, also pays the materials. Please remind us of your needs at least two weeks before your stay.



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